

Seven Day Challenge Report Card



Your power has been out for days. You've been getting by just fine making quick and easy meals from your Food Storage. Today is a very special event (either a birthday, wedding anniversary, whatever you want to call it). You need to pull off cooking one of your family's favorite meals without power. Spirits are low, and you need to try and lift them up with a good meal.

Today's Goal: Practice your powerless cooking skills and living without power.

Daily Evaluation Questions (Things to Ask Yourself)

- What methods do you have to cook without power?
- How much fuel do you have stored and how long will it last?
- What are some things you can do to conserve fuel?
- What can you store to provide normalcy and comfort to your family in an extended powerless emergency?
- What's your plan for light, warmth, and cooling in a powerless situation?

Daily Notes

Need to Buy:

Need to Do:

Need to Learn:
