

Seven Day Challenge Report Card



A natural disaster occurred quite some time ago. You have been without power for a very long time. You've eaten all the easy-to-make meals, canned foods and all that. Today your task is to make bread, from scratch, without power. Once you are done making your bread you are officially done the challenge, and we encourage you to compile all your report cards from the week and put them on the master list of things to do and to buy.

Today's Goal: To practice making bread (the hard way) and a game plan.

Daily Evaluation Questions (Things to Ask Yourself)

- Did you have all of the tools on hand to do the bread-making assignment?
- How efficient was your hand grinder? Is it something you would use regularly in a long term powerless situation? Or do you need a better one?
- Have you put together your plan of attack for your food storage goals this year?
- Take some time today to really think about the things you need to buy, learn, and do to be better prepared based off of what you learned this week.

Daily Notes

Need to Buy:

Need to Do:

Need to Learn:
