

Seven Day Challenge Report Card



Today you felt a prompting to do an act of service for someone in need. A dear friend is really struggling and it would be very helpful if you brought him/her a meal or a special treat. You have a super busy day with no time to run to the store, but you still want to make something NICE.

Today's Goal: Have a go-to meal or treat on hand for "emergency" acts of service

Daily Evaluation Questions (Things to Ask Yourself)

- Were you able to make something NICE for your act of service?
- What ingredients could you start storing to make this easier in the future?
- Did you REALLY do something for someone? You never know how helpful this type of service can be.
- Take some time today to really think about the things you need to buy, learn, and do to be better prepared based off of what you learned this week. (Use the master plan worksheet found on today's blog post)

Daily Notes

Need to Buy:

Need to Do:

Need to Learn:
