

Seven Day Challenge Report Card

DAY 5:

EVERYDAY EMERGENCY

circuit breaks



The wiring in your house has gone haywire due to an electric fire in your circuit panel. Your stove and the rest of the kitchen circuits have been affected. You cannot cook in your kitchen until a repairman comes out to fix it tomorrow. Keep your fridge closed to preserve your food as much as possible.

Today's Goal: Practice powerless cooking techniques today

Daily Evaluation Questions (Things to Ask Yourself)

- Were you able to make all your meals today without power? Was it hard?
- How is your fuel supply? Do you have multiple types of fuel available for use?
- Do you have a plan for indoor powerless cooking? What are situations where you would not want or be able to cook outside?
- Did you research some powerless cooking options? What are the pros and cons of different types of tools and fuels?
- Did you try to make one of the stoves or ovens we suggested? How did it hold up?
- What would a long term powerless situation look like for your family?

Daily Notes

Need to Buy:

Need to Do:

Need to Learn:
