

EMERGENCY PREPAREDNESS CHECKLIST

Create an Emergency Plan:

- meet with family members to discuss the dangers of fire, severe weather, earthquakes, and other emergencies. discuss how to respond to each
- find the safe spots in your home for each type of disaster
- discuss what to do about power outages and injuries
- draw a floor plan of your home and mark two escape routes from each route
- post emergency phone numbers near telephones
- teach children how and when to call 911, police, and fire
- instruct family members to turn on the radio for information
- pick one out-of-state and one local friend/family member to call in a disaster
- teach children the phone numbers
- pick two reunion locations, one right outside of your home, and one away from your neighborhood in case you cannot return
- take a basic first aid and CPR class
- keep family records in a water and fire-proof container

Disaster Supplies Kit:

- supply of water (one gallon per person per day)
- 72 hour-kit
- change of clothes and sturdy shoes
- blankets or sleeping bags, rain poncho, body warmer
- first aid kit and prescription medications
- extra pair of glasses
- credit cards and cash
- extra set of car keys
- battery powered radio, and extra batteries
- blankets or sleeping bags
- list of emergency plan contact info
- booster cables for car, car shovel, rope, N95 dust mask, working gloves
- flashlight with batteries
- wind/waterproof matches, and candle
- personal hygiene products (baby stuff, soap, tooth care, toilet paper)
- games, books, hard candy, toys
- tire repair kit and pump, duct tape, swiss army knife
- copies of important documents (birth certificates, bank account numbers, copies of id, marriage license, insurance information)

If You Need to Evacuate:

- listen to a battery powered radio for the location of emergency shelters
- wear protective clothing and sturdy shoes
- take your disaster supplies kit
- lock your house
- use travel routes specified by local officials
- shut off water, gas, and electricity
- let others know when you left and where you are going
- make arrangements for pets

Emergency Contact Information:

Out-of-State-Contact

Name:

City:

Telephone:

Local Contact

Name:

Telephone:

Nearest Relative

Name:

City:

Telephone:

Family Work Numbers

Mother:

Father:

Other:

Emergency Telephone Numbers

Police Department:

Fire Department:

Hospital:

Family Physicians

Name:

Telephone:

Name:

Telephone:

Reunion Locations

Right outside home:

Away from home:

Address:

Telephone:

Route to try first:

for more information:

<http://foodstoragemadeeasy.net>

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