

Ingredient	1 month total	3 month total	HAVE on hand	NEED to buy
can tomato soup	6	18		18
bottle of ragu	4	12		12
1/2 pd spag noodles	3	9		9
1 lb ground beef	16	48		48
box bread crumbs	0.5	1.5		1.5
bag egg noodles	2	6		6
kraft dinner box	3	9		9
can corn	5	15		15
can chili	3	9		9
fritos bag	3	9		9
1/2 pd fet noodles	2	6		6
fet sauce	2	6		6
bag chicken	6.5	20		20
cornflakes	0.2	0.6		0.6
can cream of chicken	13	39		39
can cream of mushroom	3	9		9
3 oz can chow mein noodles	3	9		9
bag tortellini	3	9		9
can chicken broth	3	9		9
can manwich	2	6		6
macaroni noodles	1	3		3
ritz crackers	1	3		3
sliced almonds bag	2	6		6
special k cereal	0.2	0.6		0.6
water chestnuts	2	6		6
box noodles	1	3		3
tomato paste	4	12		12
can crushed tomatoes	2	6		6
bag cream of wheat	1	3		3
boxes of cereal	4	12		12
box ramen	1	3		3
kraft dinner box	4	12		12
frozen meals	6	18		18
box uncrustables	1	3		3
hot pocket boxes	3	9		9
box granola bars	4	12		12
box fruit snacks	3	9		9
box pudding	2	6		6
box honey buns	2	6		6
box crackers	2	6		6