

- food (protein bars, granola bars, beef jerky, candy
- toothbrush/toothpaste
- washcloth/facewash/bodywash
- shampoo/conditioner
- razor/shaving cream/deodorant
- change of socks/underwear
- kleenex/wet wipes
- hand sanitizer
- travel-size first aid kit including small bottle of Tylenol
- work gloves
- rain poncho
- space blanket
- small flashlight with spare batteries
- a whistle (to draw the attention of rescue workers)
- carbon-filtering dust mask (for smoke, dust, debris, etc.)
- small novel
- small radio with spare batteries
- contents list
- cash (small bills for vending machines)

WITH THE BAG

- crow bar
- water bottles



Insert contents into a large plastic container and tape contents list on the lid. Attach the tag with some ribbon.

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